

## THINKING TRUE THOUGHTS Part One

- Christians should be a people of the \_\_\_\_\_:
  - We serve the \_\_\_\_\_ of truth.
  - We should love the truth like God does.
  - We should live in the truth of God's Word.
  - We should stand for truth, speak truth to others, and to \_\_\_\_\_ (Ps. 15:2).
  - The belt of truth is the first piece of our spiritual armor.
  - The truth of our testimony is the \_\_\_\_\_ of the world.
- Text: 2 Cor. 10:4-5
  - Carnal weapons = temporal, material like swords or guns.
  - Pulling down of strongholds = \_\_\_\_\_ of fortresses.
  - Strongholds = places where wrong thoughts take refuge.
  - \_\_\_\_\_ = false reasonings.
  - High things = ideas that lift themselves up in pride against God.
  - God's command = to cast down the \_\_\_\_\_ and think on the true (Philip. 4:8).

### I. TEN COMMON \_\_\_\_\_ TO THINKING TRUE THOUGHTS

1. **Worldly** \_\_\_\_\_ (Col. 2:8)
2. **Satanic suggestion**
  - As with \_\_\_\_\_, Peter, and Paul
3. **False teaching (2 Pet. 3:16-17)**
4. **Past** \_\_\_\_\_ (Prov. 28:26, 26:12)
  - Wrong thinking instilled from youth can result in serious blind spots and strongholds.
5. **Personal experience**
6. **A** \_\_\_\_\_ **heart (Jer. 17:9)**
7. **Powerful** \_\_\_\_\_ (Ps. 77:9-10)
  - Fear, pain, grief, and discouragement can distort our perception of reality.
8. **Weakness or weariness of the body**
  - It's hard to think straight when you're exhausted.
9. **Stubborn** \_\_\_\_\_
  - Like that of the Israelites agreeing with the wrong thinking of the 10 spies and refusing to enter land of Canaan (see Num. 13:27-28, 30-31; 14:1-3).
10. \_\_\_\_\_ **of wrong thinking**

- Thought patterns tend to get "grooves" in them like those on a record.

### II. ONE CRITICALLY IMPORTANT \_\_\_\_\_ FOR THINKING TRUE THOUGHTS

- The right time to think true thoughts:
  - All the time
  - Any time we are particularly \_\_\_\_\_ to think wrong thoughts
  - Especially when going through \_\_\_\_\_
- The secret to thinking right in trials is to work hard to think right consistently at all other times.
- Thinking true thoughts is not something to start when you're being tested; it's something to do daily so you are \_\_\_\_\_ to be tested (1 Pet. 4:1).

### III. THE CORRECT APPROACH TO THINKING TRUE THOUGHTS

- The first of four transformational techniques:
  - A. \_\_\_\_\_ **on the truth of God.**
    - Psalms 119:165: \_\_\_\_\_
    - Psalms 1:2-3: \_\_\_\_\_
    - Romans 12:2: \_\_\_\_\_
    - Hebrews 5:13-14: \_\_\_\_\_
    - John 17:17: \_\_\_\_\_
    - John 8:31-32: \_\_\_\_\_
- We need to create new, true grooves on the "records" of our minds by thinking so much on truth that wrong, unbelieving thoughts seem \_\_\_\_\_.
- Many believers struggle with or are defeated by wrong thinking because they are not meditating in God's Word.

### CONCLUSION

- Question: Are you \_\_\_\_\_ yourself to think true thoughts by meditating in God's Word day and night?
- "Think true thoughts!"